

## 2018 年第 12 届全国华文独中田径锦标赛 入选标准

序	组别/项目	男甲组	男乙组	女甲组	女乙组
1.	100m	12.0s	12.3s	14.4s	14.4s
2.	200m	25.0s	25.8s	31.0s	31.3s
3.	400m	57.5s	59.0s	73.5s	74.0s
4.	800m	2:20.0s	2:27.0s	3:05.0s	3:05.0s
5.	1500m	4:55.0s	5:10.0s	6:30.0s	6:30.0s
6.	3000m	13:30.0s	14:00.0s	15:30.0s	16:00.0s
7.	3000m 竞走	-----	-----	-----	25:00.0s
8.	5000m 竞走	-----	37:00.0s	45:00.0s	-----
9.	10000m 竞走	1:15:00.0s	-----	-----	-----
10.	100m 跨栏	-----	-----	21.0s	21.0s
11.	110m 跨栏	19.0s	20.0s	-----	-----
12.	200m 跨栏	-----	38.0s	-----	45.0s
13.	400m 跨栏	68.0s	-----	88.0s	-----
14.	2000m 障碍赛	12:30.0s	12:30.0s	15:00.0s	15:00.0s
15.	跳高	1.50m	1.40m	1.25m	1.20m
16.	跳远	5.65m	5.30m	3.90m	3.70m
17.	三级跳远	11.80m	11.30m	8.20m	8.00m
18.	铅球	10.50m	10.50m	8.00m	7.50m
19.	铁饼	27.50m	31.50m	18.50m	17.00m
20.	标枪	37.00m	35.00m	22.00m	20.00m
21.	链球	不设标准	-----	不设标准	-----
22.	4x100m	48.0	49.0s	60.0s	61.0s
23.	4x400m	3:52.0s	4:00.0s	5:10.0s	5:10.0s
24.	8 项全能	不设标准	-----	-----	-----
25.	7 项全能	-----	-----	不设标准	-----